



Earn while your child learns! We are hiring substitute workers. Call 724-223-2000 ext. 7114 Please send checks made payable to Trinity Cafeteria or pay online thru Skyward.

<p>All complete student meals are free for the entire school year. Please apply for FREE and Reduced meals if you are interested in PBE-T benefits or any other benefits that may arise.</p>	<p>Students must take the full meal or pay the ala carte price Menu subject to change without notice due to availability Check us out on Facebook or Twitter @tasdfoodservice 724-223-2000 ext. 6504</p>	<p>CARROT About Others Choose Quickly</p>	<p>Free School Meals </p>	<p>October 01 Jalapeno Bites Flatbread Pizza Yogurt and Soft Pretzel Salad/Sandwich Line w/chips PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties</p>
<p>October 04 Chicken Tenders w/noodles Hot Dogs Yogurt and Soft Pretzel Salad/Sandwich Line w/chips PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties</p>	<p>October 05 Bosco Sticks w/sauce Hot Dogs Yogurt and Soft Pretzel Salad/Sandwich Line w/chips PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties</p>	<p>October 06 Buffalo Chicken Flatbread Hot Dogs Yogurt and Soft Pretzel Salad/Sandwich Line w/chips PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties</p>	<p>October 07 Pasta w/meatballs Hot Dogs Yogurt and Soft Pretzel Salad/Sandwich Line w/chips PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties</p>	<p>October 08 Cinnamon Roll w/yogurt Hot Dogs Yogurt and Soft Pretzel Salad/Sandwich Line w/chips PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties</p>
<p>October 11 Cheeseburger Chicken Patty Sandwich Yogurt and Soft Pretzel Salad/Sandwich Line w/chips PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties</p>	<p>October 12 Grilled Cheese Sandwich Chicken Patty Sandwich Yogurt and Soft Pretzel Salad/Sandwich Line w/chips PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties</p>	<p>October 13 General Tso w/egg Roll Chicken Patty Sandwich Yogurt and Soft Pretzel Salad/Sandwich Line w/chips PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties</p>	<p>October 14 Hiller Hoagie Chicken Patty Sandwich Yogurt and Soft Pretzel Salad/Sandwich Line w/chips PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties</p>	<p>October 15 Chicken Nuggets & Noodles Chicken Patty Sandwich Yogurt and Soft Pretzel Salad/Sandwich Line w/chips PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties</p>
<p>October 18 Personal Pizza Nuggets w/crackers Yogurt and Soft Pretzel Salad/Sandwich Line w/chips PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties</p>	<p>October 19 Chicken Parm Sandwich Nuggets w/crackers Yogurt and Soft Pretzel Salad/Sandwich Line w/chips PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties</p>	<p>October 20 Popcorn Chicken Bowl Nuggets w/crackers Yogurt and Soft Pretzel Salad/Sandwich Line w/chips PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties</p>	<p>October 21 Chicken/Beef Tacos Nuggets w/crackers Yogurt and Soft Pretzel Salad/Sandwich Line w/chips PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties</p>	<p>October 22 Bosco Sticks w/sauce Nuggets w/crackers Yogurt and Soft Pretzel Salad/Sandwich Line w/chips PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties</p>
<p>October 25 Flatbread Grilled Cheese Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/chips PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties</p>	<p>October 26 BBQ Rib Sandwich Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/chips PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties</p>	<p>October 27 Nachos Grande Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/chips PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties</p>	<p>October 28 Macaroni & Cheese Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/chips PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties</p>	<p>October 29 Cinnamon Roll w/yogurt Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/chips PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties</p>

What is a MEAL?
 You must choose at least 3 of the 5 components available for the school lunch price. A minimum of a 1/2 cup of fruit or vegetable must accompany a reimbursable lunch.
Components are
Meat or Alternative Grain/Bread
Choice of Vegetable
Choice of Fruit
Milk Selections are
 1% White
 Chocolate

Meals are Grab & Go
 No choices of fruits and vegetables
Fruit May Include
 Oranges, Pineapple, Grapes, Banana, Pears, Peaches, Cantaloupe, Melon, Apples, Strawberries, Fruit Salad, Applesauce, Mixed Fruit, Mandarin Oranges, etc.

Daily Cold Veggies
 May Include
 Carrots, Side Salad, Broccoli, Cole Slaw, Green and Red Peppers, Cucumbers, Cauliflower, Salad, Spinach Salad, Carrots, Side Salad,

Make Payments online or send a check made out to Trinity Cafeteria
 Cash can be lost

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY. TO FILE A COMPLAINT OF DISCRIMINATION, WRITE USDA, DIRECTOR, OFFICE OF CIVIL RIGHTS, ROOM 326-W, WHITTEN BUILDING, 1400 INDEPENDENCE AVENUE, SW, WASHINGTON, D.C. 20250-9410 OR CALL (202)-720-5964 (VOICE AND TDD). USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.