

What's included with Breakfast?

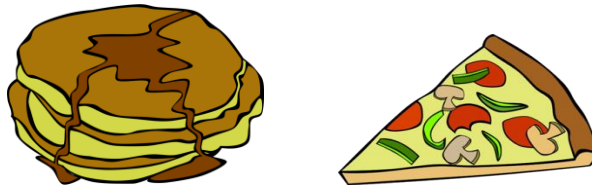
Three Components

1. Bread/Protein 2. Fruit/Vegetables 3. Milk

- **You must take 2 of the 3 components to count as a “Type A” Meal**
 - **Entrees count as Protein, Bread or a Combination**
 - **One of the components must be a fruit or vegetable**
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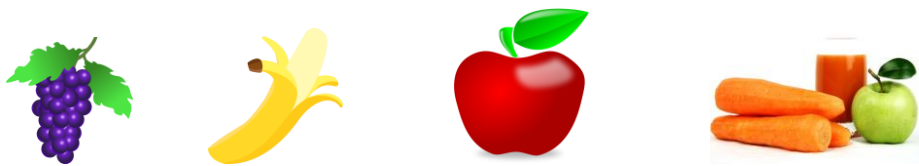
Choose One Entrée

(Bread, Protein or a combination)



Choose Fruit or Vegetable

(Must take at least 1 cup, only one can be a juice)



Choose One

(Milk)

