

What's included with Lunch?

Elementary & Middle

Five Components

1. Protein 2. Bread 3. Fruit 4. Vegetable 5. Milk

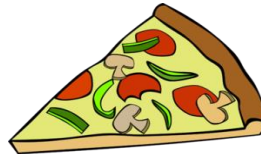
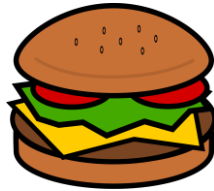
You must take all five (5) items, but you must take at least three (3) items to count as a “Type A” Meal.

Entrees count as two of the five items (Protein, Bread).

One of the 3-5 items must be a fruit or vegetable.

Choose One Entrée

(Protein, Bread)



Choose 1 Fruit & 1 Vegetable minimum of 1

(Fruits/Vegetables)



Choose One

(Milk)

