Trinity Area School District April 2023 - Trinity Middle Lunch Menu *MENU SUBJECT TO CHANGE*



ALL MEALS SERVED WITH MILK CHOICE OF:

1%WHITE, 1% CHOCOLATE 100% Fruit Juice



What is a MEAL?

You must choose at least

3 of the 5 components

available for the school

Students must take the full meal or pay ala carte price. Menu Subject to change without notice due to availability. Universal Free breakfast is offered each day. Call 724-223-2000 ext.6504 with questions.

April 03 Baked Panini Sandwich Hot Dogs Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties

April 04 Nachos Grande Hot Dogs Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties April 11

Nashville Chicken w/roll

Chicken Nuggets w/breadstick

Yogurt and Soft Pretzel

Salad/Sandwich Line w/grahams

PB&J or Pizza Varieties

Hot and cold vegetable choices

April 05 Chicken Tenders w/breadstick Hot Doas Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties April 12

Pasta w/meatballs & Breadstick

Chicken Nuggets w/breadstick

Yogurt and Soft Pretzel

Salad/Sandwich Line w/graham

PB&J or Pizza Varieties

Hot and cold vegetable choices

April 06

April 13

Soft Tacos

Chicken Nuggets w/breadstick

Yogurt and Soft Pretzel

Salad/Sandwich Line w/grahams

PB&J or Pizza Varieties

Hot and cold vegetable choices

Fruit Selections and Juice

Assorted Milk Varieties

SPRING BREAK April 14

Italian Dunkers w/sauce cup

Chicken Nuggets w/breadstick

Yogurt and Soft Pretzel

Salad/Sandwich Line w/grahams

PB&J or Pizza Varieties

Hot and cold vegetable choices

Fruit Selections and Juice

Assorted Milk Varieties

April 07

lunch price. A minimum of a 1/2 cup of fruit or vegetable must accompany a reimbursable lunch. Components are Meat or Alternative Grain/Bread Choice of Vegetable Choice of Fruit

> Milk Selections are 1% White Checelate



Bosco Sticks w/sauce

Cheeseburger

Yogurt and Soft Pretzel

Salad/Sandwich Line w/grahams

PB&J or Pizza Varieties

Hot and cold vegetable choices

Fruit Selections and Juice

Assorted Milk Varieties

April 24

Steak & Cheese Hoagie

Chicken Filet Sandwich

Yogurt and Soft Pretzel

Salad/Sandwich Line w/grahams

PB&J or Pizza Varieties

Hot and cold vegetable choices

Fruit Selections and Juice

Assorted Milk Varieties

Fruit Selections and Juice Assorted Milk Varieties April 18 Baked Chicken w/biscuit Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties

Fruit Selections and Juice Assorted Milk Varieties April 19 Chicken Alfredo Pasta w/roll Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties

April 20 Mexican Pizza Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties

April 21 Flatbread Grilled Cheese Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties

April 28

Ham & Cheese on Pretzel Roll

Chicken Filet Sandwich

Yogurt and Soft Pretzel

Salad/Sandwich Line w/grahams

PB&J or Pizza Varieties

Hot and cold vegetable choices

Fruit Selections and Juice

Cucumbers are fat free.

low in calories & high in crunch. They promote hydration

Add cucumbers to fresh salads, snack trays and add to glass of water.

& are a good source of fiber.

81% of all grains are Whole Grains

1111 ATTENTION! FREE BREAKFAST FOR THE REST OF THE SCHOOL YEAR STARTING OCTOBER 1ST, 2022

April 25 Walking Taco Chicken Filet Sandwich Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties

April 26 Mini Corn Dogs Chicken Filet Sandwich Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties

Pulled Pork Tots w/cheese Chicken Filet Sandwich Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties

April 27

Assorted Milk Varieties Students must take the full meal or pay the ala carte price Menu subject to change

Check us out on Facebook or Twitter @tasdfoodservice 724-223-2000 ext. 6504

Make Payments Skyward or send a check made out to Trinity Cafeteria

Cash can be lost

Reduced Lunch \$.40 Paid Lunch \$3.15

Ala carte pricing online



without notice due to availability