## Trinity Area School District April 2023 - Trinity Breakfast Menu \*MENU SUBJECT TO CHANGE\*



## ALL MEALS SERVED WITH MILK CHOICE OF:

1%WHITE, 1% CHOCOLATE

100% Fruit Juice



Students must take the full meal or pay ala carte price. Menu Subject to change without notice due to availability. Universal Free breakfast is offered each day. Call 724-223-2000 ext.6504 with questions.

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April 03	April 04	April 05	April 06	April 07	What is a MEAL?
					You must choose at least
WG Pancakes	Yogurt & Mini Muffin	WG Pop-Tarts	* * * V ·	A A A A A A A A A A A A A A A A A A A	3 of the 5 components
WG Cereal w/mini muffin	WG Cereal w/mini muffin	WG Cereal w/mini muffin		CDDING	available for the school
Pears & Juice	Peaches & Juice	Applesauce & Juice		SPRING	lunch price. A minimum
Assorted Milk Varieties	Assorted Milk Varieties	Assorted Milk Varieties	0 * 0 _	A Section of the second section of the section of the second section of the section of th	-
ASSOCIED MIIN VOCIETIES	ASSOLIEG MIIK VUITETIES	ASSOCIED MIIN VUITETIES		SPRING BREAK	of a 1/2 cup of fruit or
					vegetable must accompany
			to 📢		a reimbursable lunch.
					Components are
April 10	April 11	April 12	April 13	April 14	Meat or Alternative
X /					Grain/Bread
	remaining menu will be				Choice of Vegetable
	published soon				Choice of Fruit
	pasiisiida sooii				Choice of Franc
					Mills delections on
Break -					Milk Selections are
					1% White
					Chocolate
April 17	April 18	April 19	April 20	April 21	
,	·	·	·	•	NO.
					Cucumbers are fat free,
					low in calories & high in crunch.
April 24	April 25	April 26	April 27	April 28	They promote hydration
	·	·	·		& are a good source of fiber.
					Add cucumbers to
					fresh salads, snack trays
					and add to glass of water.
					81% of all grains
					are Whole Grains
		Mentula			
		ceramic fit det cooking fit det		The state of the s	
111/2		neurhy IOW-TAT			Make Payments Skyward
ATTENTION!		HEALTHY conting			or send a check made
FREE BREAKFAST		die LIVING de		FARM	
FOR THE REST OF THE SCHOOL YEAR		ceramic flower food cook fit resolution		TOSCHOOL	out to Trinity Cafeteria
SCHOOL Association		vitamins & minerals  iffo low-fat		- SCHOOL	Cash can be lost
STARTING OCTOBER 1ST, 2022		cooking			
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