| Trinity Area School District November 2022-Trinity Elementary School *MENU SUBJECT TO CHANGE* |  |  | $10$ | uice |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Earn while your child learns! We are hiring substitute workers. Call 724-223-2000 ext. 7114 Please send checks made payable to Trinity Cafeteria or pay online thru Skyward. |  |  |  |  |  |
|  | November 01 | November 02 | November 03 | November 04 | What is a MEAL? <br> You must choose at least 3 of the 5 components available for the school lunch price. A minimum of a $\mathbf{1 / 2}$ cup of fruit or vegetable must accompany a reimbursable lunch. Components are |
| 111, <br> ATTENTION! <br> FREE BREAKFAST FOR THE REST OF THE SCHOOL YEAR FO $\qquad$ | Week 2 <br> Italian Hoagie <br> Popcorn Chicken and Churro Chicken Salad Entrée PB\&J <br> Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties | Yogurt, String Cheese \& Soft Pretzel Popcorn Chicken and Rice Turkey and Cheese Sandwich PB\&J <br> Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties | Big Daddy's Pizza <br> Popcorn Chicken \& Granola Bar Chicken Salad Entrée <br> PB\&J <br> Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties | Walking Tacos <br> Popcorn Chicken and Breadstick Turkey and Cheese Sandwich <br> PB\&J <br> Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties |  |
| November 07 | November 08 | November 09 | November 10 | November 11 |  |
| Week 3 <br> Yogurt \& Fruit Parfait <br> Chicken Nuggets \& Garlic Knot <br> Ham and Cheese Sandwich <br> PB\&J <br> Hot and cold vegetable choices <br> Fruit Selections and Juice <br> Assorted Milk Varieties | Soft Tacos <br> Chicken Nuggets w/muffin Chicken Salad Entrée <br> PB\&J <br> Hot and cold vegetable choices <br> Fruit Selections and Juice Assorted Milk Varieties | Bosco Sticks w/sauce <br> Chicken Nuggets w/WG Cookie <br> Ham and Cheese Sandwich <br> PB\&J <br> Hot and cold vegetable choices <br> Fruit Selections and Juice <br> Assorted Milk Varieties | Ham \& Cheese Pretzel Bun Chicken Nuggets w/Cheezits Chicken Salad Entrée PB\&J <br> Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties | Nachos Grande <br> Chicken Nuggets w/Noodles <br> Ham and Cheese Sandwich <br> PB\&J <br> Hot and cold vegetable choices <br> Fruit Selections and Juice <br> Assorted Milk Varieties | Grain/Bread <br> Choice of Vegetable <br> Choice of Fruit <br> Milk Selections are <br> 1\% White <br> Chocolate |
| November 14 | November 15 | November 16 | ovember 17 | November 18 | eals are Grab \& Go |
| Week 4 <br> Big Daddy's Pizza <br> Cheeseburger <br> Turkey and Cheese Sandwich <br> PB\&J <br> Hot and cold vegetable choices <br> Fruit Selections and Juice <br> Assorted Milk Varieties | Chicken Tenders w/Breadstick Cheeseburger Chicken Salad Entrée PB\&J <br> Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties | Mexican Pizza Cheeseburger <br> Turkey and Cheese Sandwich PB\&J <br> Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties | Thanksgiving Feast <br> Thanksgiving Feast <br> Chicken Salad Entrée <br> PB\&J <br> Hot and cold vegetable choices <br> Fruit Selections and Juice <br> Assorted Milk Varieties | Grilled Cheese Cheeseburger <br> Turkey and Cheese Sandwich PB\&J <br> Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties | No choices of fruits and vegetables <br> Fruit May Include <br> Oranges, Pineapple, Grapes, <br> Banana, Pears, Peaches, <br> Cantaloupe, Melon, Apples, <br> Strawberries, Fruit Salad, <br> Applesauce, Mixed Fruit, |
| November 21 | November 22 | November 23 | November 24 | November 25 | ndari |
| Week 5 <br> Soft Tacos <br> Chicken Nuggets w/Breadstick <br> Ham and Cheese Sandwich <br> PB\&J <br> Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties | Mini Corn Dogs Chicken Nuggets w/Breadstick Chicken Salad Entrée PB\&J <br> Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties | Big Daddy's Pizza <br> Chicken Nuggets w/Breadstick <br> Ham and Cheese Sandwich <br> PB\&J <br> Hot and cold vegetable choices <br> Fruit Selections and Juice <br> Assorted Milk Varieties |  |  | Daily Cold Veggies <br> May Include <br> Carrots, Side Salad, <br> Broccoli, Cole Slaw, <br> Green and Red Peppers, <br> Cucumbers, Cauliflower, |
| November 28 | November 29 | November 30 |  |  | Salad, Spinach Salad |
|  | Week 6 <br> French Toast w/sausage Chicken Filet Sandwich Chicken Salad Entrée PB\&J <br> Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties | Fruit \& Yogurt Parfaitw/granola Chicken Filet Sandwich Turkey and Cheese Sandwich PB\&J <br> Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties | Students must take the full meal <br> or pay the ala carte price <br> Menu subject to change without notice due to availability <br> Check us out on Facebook or Twitter @tasdfoodservice 724-223-2000 ext. 6504 | Reduced Lunch \$.40 <br> Paid Lunch \$3.15 <br> Breakfast is free for all enrolled students | ake Payments Skyward or send a check made ut to Trinity Cafeteria <br> Cash can be lost |

[^0][^1]
[^0]:     WRITE USDA, DTRECTOR, OFFICE OF CTVIL RIGHTS, ROOM 326 -W, WHITTEN BULLDING, 1400 INDEPENDENCE AVENUE, SW, WASHINGTON, D.C. $20250-9410$ OR CALL ( 202 )-720-5964 (VOICE AND TDD). USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

[^1]:    Questions?? Contact Nicolle Bazant Pleil, Food Service Director (724) 223-2000 ext. 6504 EARN WHILE YOUR CHILD LEARNS....NOW TAKING APPLICATIONS - Cafeteria Substitutes

