

Menu Cycle Week – Nutrient Analysis

Generated on: 8/30/2022 9:27:42 AM b

Menu Cycle: Elementary Lunch Week 4 All Elementary Schools
 Week: 1
 Result: Pass

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Lunch
 Serving Group: K-5
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	574.55	
Total Fat (g)		18.36	28.77
Sat Fat (g)(1)	< 10.00 % of Calories	6.29	9.85
Trans Fat (g)(2)		0.19(M)	
Chol (mg)		47.40	
Sodium Target 1 (mg)(13)	< 1,230.00	934.5	
Sodium Target 2 (mg)(13)	< 935.00	934.5	
Carb (g)		76.10	52.98
Total Fiber (g)		6.73	
Total Sugars (g)		34.39(M)	23.94
Added Sugars (g)		1.60(M)	
Protein (g)		29.58	20.59
Iron (mg)		3.36(M)	
Calcium (mg)		455.60(M)	
VitA (IU)		975.78(M)	
VitC (mg)		27.31(M)	
VitD (mcg)		0.00(M)	
Potassium (mg)		531.43(M)	
Mois (g)		53.54(M)	
Ash (g)		0.81(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Meat/MA	[8.000 - 10.000]	[10.000 - 11.500](a)	
Grains	[8.000 - 9.000]	[9.250 - 11.500](a)	
Non-WGR		1.000	
WGR	>= 50.000 % of	39.750	97.55
Grain-D	<= 2.000	0.000	
Fruit	>= 2.500	5.000	
Fruit-J	<= 50.000 % of	2.500	50.00
Veg	>= 3.750	[5.750 - 9.500]	
Veg-DG	>= 0.500	2.000	
Veg-RO	>= 0.750	1.000	
Veg-BP	>= 0.500	0.750	
Veg-S	>= 0.500	3.500	
Veg-O	>= 0.500	2.500	
Veg-X		0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-F	>= 5.000	5.000	
MILK-V		Pass	

Legend

PrimerEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potass um (mg)
Elem Lunch Menu Week 4 Day 1 Elementary Schools	300																	
Category: Entrees; May Choose: 1																		
Elementary and Middle Chickensauce - LR100023	110	287.92	11.65	4.89	0.50	46.77	456.31	25.24	2.00	4.90	(M)	18.44	2.53	199.65	0.00(M)	0.00	0.00(M)	138.88(M)
Elementary PB&J - LR100001 (1 ea.)	20	460.00	22.50	6.00	0.00	10.00	650.00	47.00	5.00	15.00	13.00	18.00	1.70	261.00	400.00(M)	0.00(M)	0.00	397.98(M)
Pizza, Cheese, Bold, Rolled Edge - 16" 51% MC 5.5C	158	400.00	16.00	7.00	0.00	35.00	440.00	43.00	4.00	7.00	1.00	19.00	2.40	341.00	73.00	0.00	0.00	468.00(M)
Turkey and cheese sandwich - LR100025 (1 ea.)	12	407.92	7.65	1.39	0.00	106.77	2956.31	29.24	2.00	8.90	(M)	52.44	2.89	199.65	0.00(M)	0.00	0.00(M)	138.88(M)
Category: Vegetables; May Choose: 2																		
Potatoes, Reduced Sodium Tater Tots - 3.53 oz	125	90.00	3.50	0.00	0.00	0.00	160.00	14.00	2.00	0.00	0.00	1.00	0.40	10.00	0.00(M)	0.00(M)	0.00	180.01(M)
Spinach Salad side - LR100066 (1/2 salad)	65	16.14	0.12	0.02	0.00(M)	0.00	26.10	3.14	1.34	1.50	(M)	1.20	0.94	33.12	3240.95	15.00	0.00(M)	167.40(M)
Category: Fruits; May Choose: 2																		
Fruit, Applesauce, Unsweetened, Canned	125	60.00	0.00	0.00	0.00	0.00	15.00	15.00	1.00	18.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)
Juice - LR100023 (1 ea.)	200	17.69	0.00	0.00	0.00	0.00	2.92	4.37	0.00	4.08	(M)	0.00	0.00	0.00	0.00	10.35	(M)	(M)
Category: Milk; May Choose: 1																		
Milk, 1% Chocolate, Schwartz - 8.100446 (1/2)	185	140.00	2.50	1.50	0.00	10.00	120.00	25.00	0.00	23.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, 1% Lowfat, Schwartz - MILK	65	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Category: Condiments; May Choose:																		
Condiment, Ketchup, Tomato Sauce - 23%	100	15.00	0.00	0.00	0.00	0.00	190.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	100.00	0.00	(M)	(M)
Dressing, Italian Low Cal, Heinz - MCB100048 (1/2)	10	2.50	0.00	0.00	0.00	0.00	45.00	0.63	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Dressing, Ranch Low Fat, Heinz - MCB100047 (1/2)	25	25.00	1.25	0.25	0.00	0.00	160.00	4.00	0.50	2.50	(M)	0.00	0.00	1.00	0.00	1.00	(M)	(M)
Mustard, Yellow, Dispenser Brand - Heinz - 652000	10	0.00	0.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Elem Lunch Menu Week 4 Day 2 Elementary Schools	300																	
Category: Entrees; May Choose: 1																		
Chicken Tenders - LR100104 (1 ea.)	195	382.87	17.14	3.28	0.00	45.54	669.85	32.14	2.51	4.04	2.52	23.73	2.84	0.00	0.00(M)	0.00(M)	0.00	713.44(M)
Elementary and Middle Chickensauce - LR100023	75	287.92	11.65	4.89	0.50	46.77	456.31	25.24	2.00	4.90	(M)	18.44	2.53	199.65	0.00(M)	0.00	0.00(M)	138.88(M)
Elementary and middle salad and cookie - Elementary PB&J - LR100001 (1 ea.)	10	475.21	13.03	3.01	0.00	45.00	680.53	63.90	9.38	21.63	0.00(M)	26.11	5.37	112.69	4558.62(M)	15.22(M)	0.10(M)	659.22(M)
Elementary PB&J - LR100001 (1 ea.)	20	460.00	22.50	6.00	0.00	10.00	650.00	47.00	5.00	15.00	13.00	18.00	1.70	261.00	400.00(M)	0.00(M)	0.00	397.98(M)
Category: Vegetables; May Choose: 2																		
Cucumber, peeled, raw - CB105230 (1/2 cup sliced)	75	5.95	0.10	0.05	0.00	0.00	1.19	1.28	0.42	0.82	(M)	0.35	0.13	8.33	42.84	1.90	0.00	80.92(M)
Green Beans, Frozen, Boiled - Veg O - CB100037	200	44.00	2.86	1.28	0.00(M)	0.00	187.28	4.35	2.00	0.00(M)	(M)	1.01	0.59	33.10	501.00	2.80	0.00(M)	0.03(M)
Salad, Chick Pea Bean Salad - Veg O - Veg PB	75	156.21	7.70	1.87	0.00(M)	0.00	86.61	18.53	3.69	0.88(M)	(M)	3.94	1.13	30.03	83.21	13.77	0.00(M)	58.76(M)
Category: Fruits; May Choose: 2																		
Juice - LR100023 (1 ea.)	250	17.69	0.00	0.00	0.00	0.00	2.92	4.37	0.00	4.08	(M)	0.00	0.00	0.00	0.00	10.35	(M)	(M)
Pineapple, raw, all varieties CB105252 (1/2 cup)	125	41.25	0.10	0.01	0.00	0.00	0.82	10.82	1.16	8.13	(M)	0.45	0.24	10.72	47.85	39.44	0.00	89.92(M)
Category: Milk; May Choose: 1																		

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Milk, 1% Chocolate, Schaefer's Milk, SR100446 (1 ea.)	165	140.00	2.50	1.50	0.00	10.00	120.00	25.00	0.00	23.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, 1% Lowfat, Schaefer's Milk	65	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Category: Condiments; May Choose: 1																		
Condiment, Ketchup, Tomato, Fancy, 33%	100	15.00	0.00	0.00	0.00	0.00	190.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	100.00	0.00	(M)	(M)
Dressing, Italian Low Cal, Unifine, MCB100040 (1 ea.)	5	2.50	0.00	0.00	0.00	0.00	45.00	0.63	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Dressing, Low Fat Ranch Dinnerware, Best 1.5 Gallon	50	50.00	2.50	0.50	0.00	0.00	320.00	8.00	1.00	5.00	(M)	0.00	0.00	20.00	0.00	1.20	(M)	(M)
Mayonnaise, 1.5 Gallon Dinnerware, Unifine, F16700	15	50.00	3.50	0.50	0.00	5.00	135.00	4.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Elem Lunch Menu Week 4	300																	
Category: Entrees; May Choose: 1																		
Elementary and Middle Cheeseburgers - LR100027	115	287.92	11.65	4.89	0.50	46.77	456.31	25.24	2.00	4.90	(M)	18.44	2.53	199.65	0.00(M)	0.00	0.00(M)	138.88(M)
Elementary PB&J - LR100001 (1 ea.)	20	460.00	22.50	6.00	0.00	10.00	650.00	47.00	5.00	15.00	13.00	18.00	1.70	261.00	400.00(M)	0.00(M)	0.00	397.98(M)
Pizza, Fiestada 51% Whole Crisp Dinn. F4467	150	360.00	14.00	6.00	0.00	25.00	710.00	43.00	4.00	8.00	3.00	17.00	3.10	241.00	91.00(M)	0.00	0.00	473.00(M)
Turkey and cheese sandwich - LR100025 (1 ea.)	15	407.92	7.65	1.39	0.00	106.77	2956.31	29.24	2.00	8.90	(M)	52.44	2.89	199.65	0.00(M)	0.00	0.00(M)	138.88(M)
Category: Vegetables; May Choose: 2																		
Celery, Raw, VEG-Other - SR100260 (1/2 cup)	65	7.07	0.09	0.02	(M)	0.00	40.40	1.50	0.81	0.68	(M)	0.35	0.10	20.20	226.75	1.57	(M)	(M)
Peas, green, cooked, boiled, drained, without salt	175	134.40	0.35	0.06	0.00	0.00	4.80	25.01	8.80	9.49	(M)	8.58	2.46	43.20	1281.60	22.72	0.00	433.60(M)
Category: Fruits; May Choose: 2																		
Juice - LR100023 (1 ea.)	200	17.69	0.00	0.00	0.00	0.00	2.92	4.37	0.00	4.08	(M)	0.00	0.00	0.00	0.00	10.35	(M)	(M)
Strawberries, raw - SR105440 (1/2 cup, halves)	185	24.32	0.23	0.01	0.00	0.00	0.76	5.84	1.52	3.72	(M)	0.51	0.31	12.16	9.12	44.69	0.00	116.28(M)
Category: Milk; May Choose: 1																		
Milk, 1% Chocolate, Schaefer's Milk, SR100446 (1 ea.)	195	140.00	2.50	1.50	0.00	10.00	120.00	25.00	0.00	23.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, 1% Lowfat, Schaefer's Milk	85	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Category: Condiments; May Choose: 2																		
Dressing, Italian Low Cal, Unifine, MCB100040 (1 ea.)	50	2.50	0.00	0.00	0.00	0.00	45.00	0.63	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ketchup, Tomato Fancy, 1.5 Gallon Dinnerware	100	20.00	0.00	0.00	0.00	0.00	160.00	5.00	0.00	4.00	(M)	0.00	0.00	0.00	100.00	1.20	(M)	(M)
Mayonnaise, 1.5 Gallon Dinnerware, Unifine, F16700	10	50.00	3.50	0.50	0.00	5.00	135.00	4.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Elem Lunch Menu Week 4	300																	
Category: Entrees; May Choose: 1																		
BBQ Rib Sandwich Elementary and Middle	80	320.00	13.50	4.00	0.00	35.00	720.00	33.00	3.00	10.00	(M)	19.00	2.88	140.00	100.00	1.20	(M)	(M)
Elementary and Middle Cheeseburgers - LR100027	190	287.92	11.65	4.89	0.50	46.77	456.31	25.24	2.00	4.90	(M)	18.44	2.53	199.65	0.00(M)	0.00	0.00(M)	138.88(M)
Elementary and middle salad and cookie -	10	475.21	13.03	3.01	0.00	45.00	680.53	63.90	9.38	21.63	0.00(M)	26.11	5.37	112.69	4558.62(M)	15.22(M)	0.10(M)	659.22(M)
Elementary PB&J - LR100001 (1 ea.)	20	460.00	22.50	6.00	0.00	10.00	650.00	47.00	5.00	15.00	13.00	18.00	1.70	261.00	400.00(M)	0.00(M)	0.00	397.98(M)
Category: Vegetables; May Choose: 2																		
Broccoli, Spears, No Salt Added, Fancy, USDA	175	26.00	0.00	0.00	0.00	0.00	22.00	5.00	3.00	1.00	(M)	3.00	(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)
Cucumber, with peel, raw - SR105245 (1/2 cup, sliced)	65	7.80	0.06	0.02	0.00	0.00	1.04	1.89	0.26	0.87	(M)	0.34	0.15	8.32	54.60	1.46	0.00	76.44(M)
Category: Fruits; May Choose: 2																		

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Apple slices and caramel - LR100105 (1 ea.)	65	32.83	0.05	0.01	0.00	0.00	9.67	8.25	0.70	3.50(M)	(M)	0.24	0.03	8.17	15.50	1.30	(M)	(M)
Apples, Slices, 2 oz. bags, Beverage Farms 202102	100	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)
Juice - LR100023 (1 ea.)	200	17.69	0.00	0.00	0.00	0.00	2.92	4.37	0.00	4.08	(M)	0.00	0.00	0.00	0.00	10.35	(M)	(M)
Category: Milk; May Choose: 1																		
Milk, 1% Chocolate, Schneiders SR100446 (1	185	140.00	2.50	1.50	0.00	10.00	120.00	25.00	0.00	23.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, 1% Lowfat, Schneiders MILK	85	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Category: Condiments; May Choose:																		
Condiment, Ketchup, Tomato Paste 22%	100	15.00	0.00	0.00	0.00	0.00	190.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	100.00	0.00	(M)	(M)
Dressing, Italian Low Cal, Heinz MCP100048 (1	25	2.50	0.00	0.00	0.00	0.00	45.00	0.63	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Dressing, Ranch Low Fat, Heinz MCP100047 (1	75	25.00	1.25	0.25	0.00	0.00	160.00	4.00	0.50	2.50	(M)	0.00	0.00	1.00	0.00	1.00	(M)	(M)
Mayonnaise, 1.5 Gallon Dispersed, Heinz F16700	5	50.00	3.50	0.50	0.00	5.00	135.00	4.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Mustard, Yellow, Dispenser Borden, Heinz GF2000	10	0.00	0.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Elem Lunch Menu Week 4		300																
Category: Entrees; May Choose: 1																		
Elementary and Middle Cheeseburger - LR100037	80	287.92	11.65	4.89	0.50	46.77	456.31	25.24	2.00	4.90	(M)	18.44	2.53	199.65	0.00(M)	0.00	0.00(M)	138.88(M)
Elementary PB&J - LR100001 (1 ea.)	20	460.00	22.50	6.00	0.00	10.00	650.00	47.00	5.00	15.00	13.00	18.00	1.70	261.00	400.00(M)	0.00(M)	0.00	397.98(M)
Popcorn Chicken Bowl - LR100082 (1 bowl)	185	528.53	19.05	2.85	0.00	22.15	1226.02	72.32	7.75	2.54(M)	0.00(M)	21.46	3.48	87.16	163.00(M)	15.82(M)	0.00(M)	719.96(M)
Turkey and cheese sandwich - LR100035 (1	15	407.92	7.65	1.39	0.00	106.77	2956.31	29.24	2.00	8.90	(M)	52.44	2.89	199.65	0.00(M)	0.00	0.00(M)	138.88(M)
Category: Vegetables; May Choose: 2																		
Corn, Whole Kernel, No Salt Added, Fanny USDA	100	67.00	1.00	0.00	0.00	0.00	1.00	16.00	2.00	3.00	(M)	2.00	(M)	(M)	(M)	(M)	(M)	(M)
Potato, Prepared, Mashed Rehydrated Add Water Boil	25	10.53	0.13	0.00	0.07	0.00	44.59	2.24	0.13	0.13	(M)	0.26	0.05	31.80	0.00	0.40	0.00(M)	0.00(M)
Category: Fruits; May Choose: 2																		
Bananas, raw - SR105089 (1 medium / 70g)	200	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	(M)	1.29	0.31	5.90	75.52	10.27	0.00	422.44(M)
Juice - LR100023 (1 ea.)	200	17.69	0.00	0.00	0.00	0.00	2.92	4.37	0.00	4.08	(M)	0.00	0.00	0.00	0.00	10.35	(M)	(M)
Category: Milk; May Choose: 1																		
Milk, 1% Chocolate, Schneiders SR100446 (1	185	140.00	2.50	1.50	0.00	10.00	120.00	25.00	0.00	23.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, 1% Lowfat, Schneiders MILK	65	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Category: Condiments; May Choose:																		
Condiment, Ketchup, Tomato Paste 22%	25	15.00	0.00	0.00	0.00	0.00	190.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	100.00	0.00	(M)	(M)
Mayonnaise, 1.5 Gallon Dispersed, Heinz F16700	10	50.00	3.50	0.50	0.00	5.00	135.00	4.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Mustard, Yellow, Dispenser Borden, Heinz GF2000	10	0.00	0.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)

i	Mois (g)
(	6.97(M)
	(M)
	(M)
(	6.97(M)
	(M)
(	27.42
	(M)
	(M)
	(M)
	(M)
	(M)
	(M)
	(M)
	(M)
	(M)
(	6.97(M)
(	24.76(M)
	(M)
	57.55
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