





Trinity Area School District March 2023 - Trinity Middle Lunch Menu <i>*MENU SUBJECT TO CHANGE*</i>		ALL MEALS SERVED WITH MILK CHOICE OF: 1%WHITE, 1% CHOCOLATE 100% Fruit Juice				
Earn while your child learns! We are hiring substitute workers. Call 724-223-2000 ext. 7114 Please send checks made payable to Trinity Cafeteria or pay online thru Skyward.						
	Students must take the full meal or pay the ala carte price Menu subject to change without notice due to availability Check us out on Facebook or Twitter @tasdfoodservice 724-223-2000 ext. 6504	March 01 Nashville Chicken Chicken Nuggets w/breadstick Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	March 02 Soft Tacos Chicken Nuggets w/breadstick Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	March 03 Italian Dunkers Chicken Nuggets w/breadstick Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	<p>What is a MEAL?</p> <p>You must choose at least 3 of the 5 components available for the school lunch price. A minimum of a 1/2 cup of fruit or vegetable must accompany a reimbursable lunch.</p> <p>Components are</p> <p>Meat or Alternative</p> <p>Grain/Bread</p> <p>Choice of Vegetable</p> <p>Choice of Fruit</p> <p>Milk Selections are</p> <p>1% White</p> <p>Chocolate</p>  <p>Kiwi are fat free, a great source of potassium.</p> <p>They might look silly but they are delicious and the skin is actually edible</p> <p>Add kiwi to fresh fruit salsa, garnishes and smoothies</p> <p>81% of all grains are Whole Grains</p>	
	March 06 Bosco Sticks w/sauce Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	March 07 Baked Chicken w/Biscuit Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	March 08 Chicken Alfredo w/breadstick Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	March 09 Mexican Pizza Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties		March 10 Flatbread Grilled Cheese Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties
	March 13 Steak & Cheese Hoagie Chicken Filet Sandwich Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	March 14 Walking Tacos Chicken Filet Sandwich Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	March 15 Mini Corn Dogs Chicken Filet Sandwich Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	March 16 Cheese Stick Appetizer Basket Chicken Filet Sandwich Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties		March 17 
	March 20 Mexican Pizza Chicken Nuggets w/Garlic Knot Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	March 21 Meatball Bowl w/breadsticks Chicken Nuggets w/Garlic Knot Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	March 22 Nashville Chicken Chicken Nuggets w/Garlic Knot Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	March 23 General Tso w/rice & Egg Roll Chicken Nuggets w/Garlic Knot Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties		March 24 Pulled Pork Nachos Popcorn Chicken Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties
	March 27 Chicken Tenders Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	March 28 Popcorn Chicken Bowl w/roll Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	March 29 Buffalo Chicken Dip w/WG Chips Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	March 30 Build A Burrito Bar Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties		March 31 Bosco Sticks w/sauce Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties
Make Payments Skyward or send a check made out to Trinity Cafeteria					Cash can be lost Reduced \$.40 Paid \$.35	

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY. TO FILE A COMPLAINT OF DISCRIMINATION, WRITE USDA, DIRECTOR, OFFICE OF CIVIL RIGHTS, ROOM 326-W, WHITTEN BUILDING, 1400 INDEPENDENCE AVENUE, SW, WASHINGTON, D.C. 20250-9410 OR CALL (202)-720-5964 (VOICE AND TDD). USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

Questions?? Contact Nicolle Bazant Pleil, Food Service Director (724) 223-2000 ext. 6504 EARN WHILE YOUR CHILD LEARNS....NOW TAKING APPLICATIONS - Cafeteria Substitutes